

Personal and Company Vehicle Driving Safety

Driving a vehicle for most of us is an every day occurrence. Whether you're driving your personal car or a company vehicle, if you have an accident it may directly impact you and those around you.

Always practice safe driving habits at home and while on the job.

Top Five Categories of Vehicle Accidents

- 1) Rear end collision – Following too closely or being distracted.
- 2) Driving too fast for conditions – Not adjusting to inclement weather, not allowing time to react to emergency and other exposures.
- 3) Yield right of way or / pull outs – Distracted driving, forcing your way into traffic, not looking both ways before entering the flow of traffic.
- 4) Changing Lanes - Not using turn signals, not allowing enough room for proper lane changes
- 5) Backing – Not looking before backing, not knowing your surroundings, blind spots
 - Not checking your mirrors
 - Distractions such as cell phones or conversations with passengers

REMEMBER THE 4-SEES!!

See High – See far enough ahead to spot changing conditions before it affects you.

See All – Watch Mirrors, Pedestrians and other traffic conditions to allow time to react

See An Out – Allow adequate following distance between other cars to maintain your safe space

See You Are Seen – Use signals in a timely manner, tap your horn to alert a driver or pedestrian

- Maintain eye contact with drivers and pedestrians

IMPORTANT NOTICE - The information and suggestions presented by PMA Companies in this *RC Notes* are for your consideration in your loss prevention efforts. They are not intended to be complete or definitive in identifying all hazards associated with your business, preventing workplace accidents, or complying with any safety related, or other laws or regulations. You are encouraged to alter them to fit the specific hazards of your business and to have your legal counsel review all of your plans and company policies.